

Exhibition Guide

Silas Fong

Important note

- i. If you feel the visit too long or too short, you could increase or reduce the time by half.
 - ii. The whole visit lasts at minimum 10 minutes.
 - iii. There is only one guidebook. Before the end of your visit, please don't put down the book.
 - iv. If you feel uncomfortable or time-wasting upon entering the exhibition, please don't stay reluctantly. You could put the guidebook back to the original location and push the door to leave. Send an email to info@silasfong.com to complain the exhibition has wasted your time.
1. Turn your back to the exhibition venue, stand and balance at the mat in front of the entrance on your left foot, scrub your right foot to the back for 3 times; now stand on your right foot, and scrub your left foot to the back for 3 times. If the mat is dislocated after the procedures, please put it back to the original location. *(15 seconds)*
 2. Face to *b)* and stay 1 metre in front of it, bow down your head at 45 degree angle, stare at *b)* in the order of bottom right, top left, top right, bottom left, and the centre, respectively for 15 seconds, and rest for 15 seconds. You could repeat this step for once or skip to step 3. *(1 minute 30 seconds - 3 minutes)*
 3. Walk to 10 cm in front of *b)*, crouch down. Observe *c)* and *d)* as described in step 2. *(1 minute 30 seconds - 3 minutes)*
 4. Inspect the distance between *c)* and *d)*, memorize the measurement. *(5 seconds)*
 5. Walk to 50 centimetres from the right of *b)*, examine once *b)*, *c)* and *d)* together. Think about their relationship and meaning. If you think of nothing, you could think about it after you are back home or stop thinking. *(30 seconds - 1 minutes)*

6. Stand in front of *e)* for 30 seconds, stare at the person in the photo. After 30 seconds, you find yourself not knowing the person. Proceed to the next step.
7. Unwear your shoes and put it aside, walk to the centre of *b)* and lie down. Count from 1 to the measurement between *c)* and *d)*, that is multiplied by 10. For example $10 \times 10 = 100$, therefore count from 1 to 100. Do nothing when you lie down. *(1 - 2 minutes)*
8. Walk between *b)* and the wall for 3 metres. Keep your eyes open to the rotating *f)*, observe how many times *f)* rotates in a minute (1 minute).
9. Continue walking to *f)*, get your face near it and feel the breeze generated by the self-rotation of *f)*; when the light of the projection reflects from *f)*, close your eyes. *(30 seconds)*
10. Sit on the cushion in front of the table of *g)*, take the photograph in the book and put it aside, skim through the book until you find an interesting page. Put the book back to its original location while opening the book on this page. Align a longer edge of the photograph to the gutter of the book. Finally pick a pencil on the table, draw a vertical line of 1 cm on any part of the table top. *(1-5 minutes)*
11. At 30 centimetres from the front of *h)*, inhale deeply while facing *i)*, blow up *h)* from left to right. Observe *h)* being blown up and afterward falling down. *(15 seconds)*
12. Walk to *i)*, sit on the chair next to *h)*. Examine every photos on the table and arrange the order according to your preference. Keep observing *j)* and *k)* together, try to visualize the spaces of images in your head. *(1 minute)*
13. If the artist is present and available, you could ask him to make a coffee or tea for you, chat with him and kill time; if he is absent, you could put this guide back to its original location, hence ending the visit. *(0-45 minutes)*

Translated from Chinese to English by Leo Cheng